



KYUMH PROGRAMS AND SERVICES

HUMBLE BEGINNINGS

After the Civil War, a large number of widows and orphans were left without a home and financial support. To answer this need, the Methodist Episcopal Church South established the Widows and Orphans Home. Over the years, opportunities became available for widows to support themselves and eventually, the Home became solely an orphanage. In 1931, as a response to overcrowded conditions, the Home moved to a 120 acre farm in Versailles, KY. The farm gave the children an opportunity to learn agricultural skills.

In the late 70's, more foster homes became available for the orphaned children making orphanages unnecessary. Also at this time, an unmet need became apparent - a safe place to help abused, neglected and abandoned children. In answer, we created the first treatment program in Kentucky.

In 1984 the Home expanded, acquiring the Owensboro Mary Kendall Campus, and shortly thereafter became known as The Kentucky United Methodist Homes for Children & Youth (KyUMH).

By the 1990's, KyUMH provided residential services and home-based services to Kentucky children and youth.

WHERE ARE WE NOW?

Kentucky's young people continue to be victimized by abuse, neglect and family trauma. According to a report from the U.S. Department of Health and Human Services, in 2012, nearly 30 percent of Kentucky children under the age of 18 reported adverse living conditions such as family violence, living with someone who was mentally ill or has had a substance abuse problem.

Today, KyUMH reaches over 700 children annually and our service area touches counties across Kentucky. We offer programs that can make a difference in the lives of those struggling with extremely challenging situations.

Our work focuses on restoring young people to the lives God intended.

“For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future.”

Jeremiah 29:11

Through nurturing, therapeutic care, KyUMH brings hope and healing to our communities, one child at a time.

RESIDENTIAL TREATMENT

24/7 Therapeutic Care

When home is no longer safe and foster care does not meet their needs, KyUMH's residential treatment provides a therapeutic environment for youth to heal. Therapists and counselors address emotional and behavioral challenges to help youth build a brighter future.

SUBSTANCE ABUSE RECOVERY

In-Home Therapy and Management

Kentucky ranks third nationally in drug overdose deaths, but with the right care and support, recovery is possible. **Next Step**SM meets families where they are – in their communities. Therapists and case managers work together to provide therapeutic intervention while linking youth to community supports - the perfect safety net.

IN-HOME INTERVENTION

Keeping Families Together

For those who are on the verge of being removed from their home because of behavior or emotional problems, there is **Restore Hope**SM. Restore HopeSM serves youth in their home to provide needed interventions for the young person and their family. Staff offer therapy and community resources to support the family with the goal of stabilization, assuring the youth remains in their home.

HOME MONITORING

In-Home Rehabilitation

Experience tells us that rehabilitation results in greater success than detention for young people who are involved with the court system. **Forward Focus**SM recognizes this fact and sets up home monitoring for youth at risk of being placed in detention. Staff, youth and family rally together to correct the issues. The program focuses on working with young people at school and in their community.

MENTAL HEALTH FIRST AID

Responding to Mental Health Crisis

It's important to know how to respond in a crisis situation – but what about a mental health crisis? Step-by-step direction on responding to someone in a psychological crisis is not public knowledge. **Connections**SM offers resources and training on recognizing the signs and symptoms of someone who needs mental health intervention.

INDEPENDENT LIVING

Helping Teens Become Adults

Youth aging out of the foster care system are the fastest growing population in the nation. Navigating the adult world is daunting without guidance, especially for those who have lived without family support. Through **Safe Haven**SM, young people receive housing, counseling on basic life skills and assistance with education and job placement.

ADOPTION PROGRAM

Home Studies and Support

The love of a child is a precious gift and KyUMH provides a chance for every family to experience this life-changing event. We work with adoption agencies and alongside the family to provide support during waiting periods, at placement and through the first few years of life with their new child.

IN-OFFICE COUNSELING

Therapeutic Services for Adolescents and Adults

Much like physical health, mental health can improve with proper treatment. **Mending Point**SM helps bring wholeness to lives impaired by mental health disorders. Our licensed clinicians are here to provide mental health assessments, individualized treatment plans and proven counseling approaches.

WE ARE CHANGING LIVES ...
EVERYDAY.

> 600

NUMBER OF CHILDREN AND YOUTH
IMPACTED EACH YEAR

> 160

NUMBER OF YOUTH SERVED DAILY

> 145

NUMBER OF YEARS KYUMH HAS
THRIVED IN KENTUCKY

MEET PENNY

As a toddler, Penny knew all too well abandonment and pain. Penny was abused and removed from her birth parents as an infant and experienced 20 different placements during her young life. Her journey led her to The Kentucky United Methodist Homes for Children & Youth. Our therapists worked intensely with Penny to help her heal from her painful history and arrange good, solid foster parents to teach her what love and trust really mean.



Main Campus

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Find us on:



**BRINGING HOPE,
ONE CHILD AT A TIME.**

